

Healthcare

Body language in use - worksheet

Purpose

This worksheet has six aspects of body language. You can use it to help learners recognise and evaluate body language.

Instructions

This resource works well with the teaching and learning sequence [Healthcare: Effective body language in a healthcare setting](#) and references the clip [Healthcare: Body language in use](#).

Body Language in Use



Before watching:

In the table below there are 6 aspects of body language.

When you watch the video, look for ways in which the speaker puts each aspect into practice. What message does the person's body language give the listener?

voice tone	facial expressions
posture	eye contact
personal space	gestures, hand movements

After watching: Think about yourself. Which of these aspects of body language can you improve? What changes do you think you will make?